

DID YOU KNOW...

A scald is a burn injury caused by hot liquid, steam or food.

THE #1 PLACE SCALD INJURIES OCCUR IS IN *the kitchen*

Use **back burners** and turn pot handles **backwards**

Use **oven mitts** when cooking or handling hot food and drinks

Never carry a **child** while cooking

Got a kid, **get a lid** on your hot coffee and tea

THE #2 PLACE THAT SCALD INJURIES OCCUR IS IN *the bathroom*

Set your water heater to **120 degrees or less**

Check the water temperature before putting a child in a tub or shower. **100 degrees or lower is safe** for children.

Supervise children in the tub

TOP 3 STEPS TO *prevent scalds*



Child Supervision

Always watch your children because scald accidents can happen in a flash with a splash.



Household Modifications

Make small changes to high-risk areas of the home like the kitchen and bathroom.



Everyday Precautions

Take simple safety measures, such as making the kitchen a "Hot Zone" when cooking.

For more information, visit burninstitute.org

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