DID YOU KNOW...
A scald is a burn injury caused by hot liquid, steam or food.

THE #1 PLACE SCALD INJURIES OCCUR IS IN the kitchen

- Use **back burners** and turn pot handles **backwards**
- **Use oven mitts** when cooking or handling hot food and drinks
- **Got a kid, get a lid** on your hot coffee and tea
- **Never carry a child** while cooking

THE #2 PLACE THAT SCALD INJURIES OCCUR IS IN the bathroom

- **Set your water heater** to **120 degrees or less**
- **Check the water temperature** before putting a child in a tub or shower. **100 degrees or lower is safe** for children.
- **Supervise** children in the tub

TOP 3 STEPS TO **prevent scalds**

- **Child Supervision**
  Always watch your children because scald accidents can happen in a flash with a splash.
- **Household Modifications**
  Make small changes to high-risk areas of the home like the kitchen and bathroom.
- **Everyday Precautions**
  Take simple safety measures, such as making the kitchen a “Hot Zone” when cooking.

For more information, visit burninstitute.org
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